

Thermalization of Inelastic Dark Matter in the Sun

Tovstun A.A.

INR RAS

20 мая 2026 г.

QUARKS-2026

Introduction

- ▶ Dark matter has many possible explanations. One of them is new particles beyond the Standard Model, including WIMP-type particles (Weakly Interacting Massive Particles).
- ▶ Such particles can be produced in thermodynamic equilibrium in the early Universe via the freeze-out mechanism, which requires a certain annihilation cross section:

$$\langle \sigma_{ann} v \rangle \sim 10^{-26} \text{cm}^3 \text{s}^{-1}$$

- ▶ Search methods: direct (nuclear recoil from WIMP collisions), indirect (measurement of annihilation products and effects), collider searches. The absence of signals constrains model parameters.

Dark matter interaction with matter

- ▶ DM particle velocities are small ($v \sim 10^{-3}c$), so the interaction with the nucleon reduces to a finite set of local non-relativistic operators [1]:

$$V(\vec{r}_\chi - \vec{r}_N) = \sum_i c_i \hat{O}_i(\vec{r}_\chi - \vec{r}_N)$$

- ▶ Here are several examples of operators in momentum space:

$$\hat{O}_1 = 1 \quad \hat{O}_4 = \vec{S}_\chi \cdot \vec{S}_n \quad \hat{O}_6 = \vec{S}_\chi \cdot \frac{\vec{q}}{m_N} \vec{S}_n \cdot \frac{\vec{q}}{m_N}$$

(where \vec{q} is the momentum transfer, \vec{S}_χ and \vec{S}_n are the DM and nucleon spins, m_N is the nucleon mass)

- ▶ We considered O_1 , O_4 and magnetic dark matter (see 3).

Dark matter interaction with matter

- ▶ In experiments, one needs to know the DM scattering cross section on the nucleus $\sigma_{\chi T}$. It is expressed through the nucleon scattering cross section $\sigma_{\chi p}$ and the nuclear form factor:

$$\frac{d\sigma_{\chi N}}{d\Omega} = \frac{\sigma_{\chi p}}{4\pi} \frac{(m_\chi + m_N)^2}{(m_\chi + m_T)^2} f(q^2)$$

- ▶ In the case of spin-independent scattering (operator \hat{O}_1), one can use a form factor of the form:

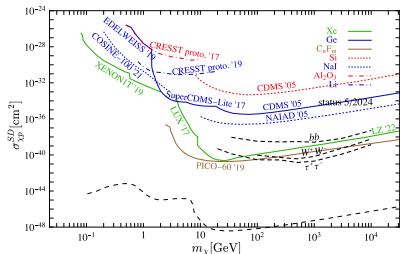
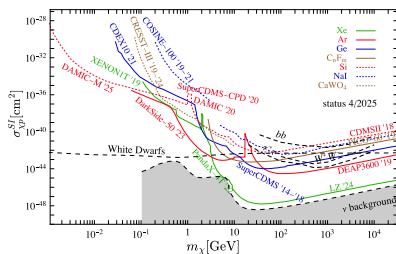
$$f(q^2) = A^4 \left(\frac{3J_0(qR)}{qR} e^{-s^2 q^2/2} \right)^2$$

The cross section grows as $\sigma_{\chi T} \propto A^4$.

- ▶ In the case of spin-dependent scattering (operator \hat{O}_4), the cross section grows as $\sigma_{\chi T} \propto A^2$. $f(q^2)$ is found in [2].

Constraints on WIMP

- ▶ The strongest constraints on the nucleon scattering cross section $\sigma_{\chi p}$ come from direct searches, ruling out the simplest models.

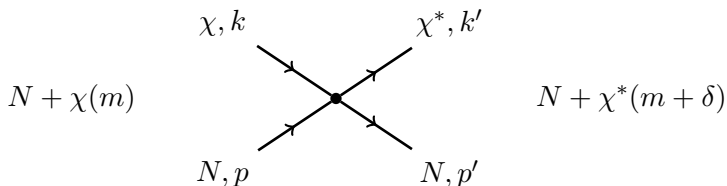


Constraints on spin-independent $\sigma_{\chi p}^{SI}$ and spin-dependent $\sigma_{\chi p}^{SD}$

[3]

Inelastic dark matter

- ▶ One way to weaken the constraints on $\sigma_{\chi p}$ is to make the interactions between DM and matter inelastic.
- ▶ For this purpose, we consider inelastic DM consisting of 2 components: χ with mass m_χ and χ^* with mass $m_\chi + \delta$
- ▶ Scattering $\chi N \rightarrow \chi^* N$ is a threshold reaction.



Inelastic dark matter

- ▶ Inelastic dark matter can naturally arise in various theories.
- ▶ The simplest example is a Dirac fermion with a small Majorana mass and a vector interaction

$$\mathcal{L}_{kin} \supset \bar{\chi}(i\gamma^\mu\partial_\mu - m)\chi + \frac{\delta}{4}\bar{\chi}\chi^C + \frac{\delta}{4}\overline{\chi^C}\chi$$

$$\mathcal{L}_{int} \supset g\bar{\chi}\gamma^\mu\chi\bar{q}\gamma_\mu q = i\frac{g}{2}[\bar{\chi}_2\gamma^\mu\chi_1 - \bar{\chi}_1\gamma^\mu\chi_2]\bar{q}\gamma^\mu q$$

(arises in the higgsino sector in SUSY extensions, in models with a dark photon [4, 5], and with complex scalar fields in the sneutrino sector [6])

- ▶ Magnetic Majorana dark matter has the following interaction [7]:

$$\mathcal{L}_{int} = \frac{\mu_{12}}{2}\bar{\Psi}_1\Sigma_{\mu\nu}\Psi_2 F^{\mu\nu} + \frac{\mu_{21}}{2}\bar{\Psi}_2\Sigma_{\mu\nu}\Psi_1 F^{\mu\nu}$$

Capture and annihilation of dark matter in the Sun

- ▶ Dark matter can be captured and annihilate in the Sun. These processes are described by the balance equation

$$\frac{dN(t)}{dt} = C - C_A N^2$$

(where $C(\sigma_{xp})$ is the capture rate, proportional to σ_{xp} , C_A is the annihilation coefficient)

- ▶ The solution to this equation has the form:

$$N = \sqrt{\frac{C}{C_A}} \operatorname{th} [\sqrt{C_A t^2 C}] \quad \Gamma(t) = \frac{1}{2} C \operatorname{th}^2 [\sqrt{C_A t^2 C}] \quad (1)$$

Capture and annihilation of dark matter in the Sun

- ▶ The annihilation rate at the final time T_{\odot} (Sun's lifetime) has the form:

$$\Gamma = \frac{1}{2C_A T_{\odot}^2} F(C_A T_{\odot}^2 C) \quad F(x) = x \operatorname{th}^2 \sqrt{x}$$

- ▶ From this, constraints on $\sigma_{\chi p}$ can be derived from constraints on Γ (which, in turn, can be obtained from neutrino telescope data):

$$\sigma_{\chi p} < \sigma_{\chi p,0} \frac{1}{C_A T_{\odot}^2 \cdot C(\sigma_{\chi p,0})} F^{-1}(2\Gamma_{max} \cdot C_A T_{\odot}^2) \quad (2)$$

- ▶ For sufficiently large C_A ($C_A T_{\odot}^2 C \gg 1$), equilibrium holds: $\Gamma = \frac{C}{2}$. In this case, the formula simplifies:

$$\sigma_{\chi p} < \sigma_{\chi p,0} \frac{2\Gamma_{max}}{C(\sigma_{\chi p,0})}$$

Capture and annihilation of dark matter in the Sun

- ▶ If dark matter is elastic, it is in thermodynamic equilibrium, and C_A has the form:

$$C_A T_{\odot}^2 \approx 9 \cdot 10^{-23} \text{s} \left(\frac{\langle \sigma_a v \rangle}{3 \cdot 10^{-26} \text{cm}^2 \text{s}^{-1}} \right) \left(\frac{m_{\chi}}{\text{GeV}} \right)^{3/2}$$

- ▶ In the inelastic scenario, thermodynamic equilibrium is not reached, so C_A depends on:
 - DM mass m_{χ} and mass splitting δ
 - scattering cross section $\sigma_{\chi p}$
 - model of DM interaction with matter
- ▶ C_A is found using a numerical solution of the Boltzmann equation for DM density in the Sun.

Evolution of dark matter in the Sun

- ▶ The problem is isotropic \Rightarrow everything depends on E and L .

$$E = \left(\frac{1}{2} w_\chi^2 + \phi(r) \right) \left(\frac{1}{2} v_{esc}^2 \right)^{-1} \quad L = \frac{|\vec{r} \times \vec{w}|}{R_\odot v_{esc}} = l \cdot L_{max}(E)$$

where $v_{esc} = \sqrt{2\phi(r = R_\odot)}$, R_\odot is the Sun's radius,
 $L_{max}(E)$ is the maximum angular momentum at energy E .

- ▶ The evolution equation for DM density $f(E, l)$ has the form:

$$\frac{\partial f(E, l)}{\partial t} = C(E, l) + \int dE' dl' S(E, l, E', l') f(E', l') - \\ f(E, l) - \int A(E, l, E', l') f(E', l') dE' dl'$$

where C is the capture rate, S is the collision matrix, A is the annihilation matrix.

Evolution of dark matter in the Sun

- ▶ The capture rate C and collision matrix S are defined as sums over all types of nuclei in the Sun

$$C(E, l) = \sum_{\alpha} C_{\alpha}(E, l) \quad S(E, l, E', l') = \sum_{\alpha} S_{\alpha}(E, l, E', l')$$

- ▶ We accounted for the most abundant nuclei in the Sun: H^1 , He^3 , He^4 , C^{12} , O^{16} , Ne^{20} , Na^{23} , Mg^{24} , Al^{27} , Si^{28} , S^{32} , Ca^{40} , Fe^{56} , Ni^{58} .
- ▶ The concentration of nuclei in the Sun, temperature, density were determined from the AGS09met model [8].

Numerical solution methods

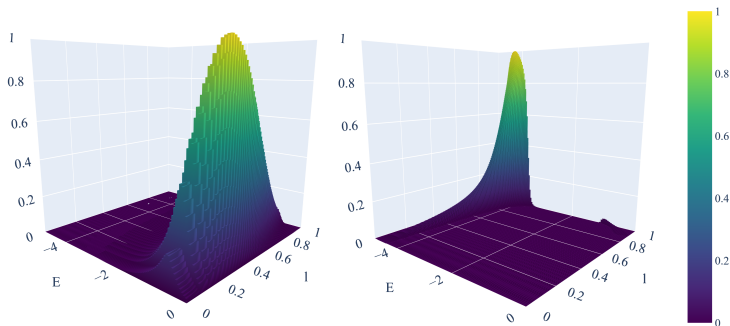
- ▶ To find C_A , we only need to solve the linear equation without accounting for the annihilation term.
- ▶ The first solution method is discretization in E and L (or l) and solving the linear equation:

$$\frac{\partial N_i}{\partial t} = \frac{1}{T_{\chi p}} \left(N_{\odot} c_i + \sum_j s_{ij} N_j \right)$$

(we factored out $T_{\chi p}^{-1} = \sigma_{\chi p} \langle n_{nuc} \rangle v_{esc}$ for dimensionlessness).

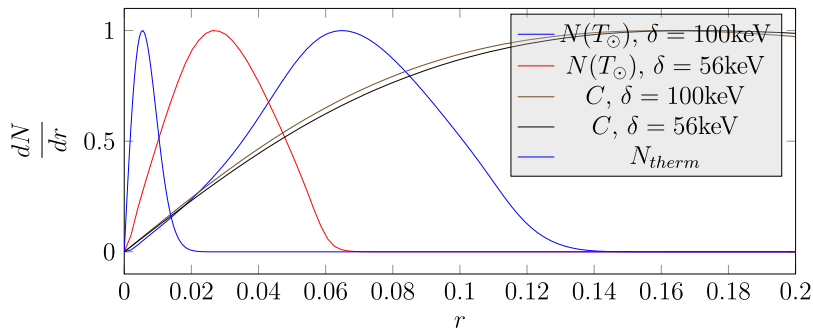
- ▶ Another method is to model the evolution of a large number of DM particles in the Sun using Monte Carlo, and reconstruct the DM density $f(E, l)$ from them.
- ▶ Both methods give the same result, which validates the correctness of the implemented algorithms.

Solution example



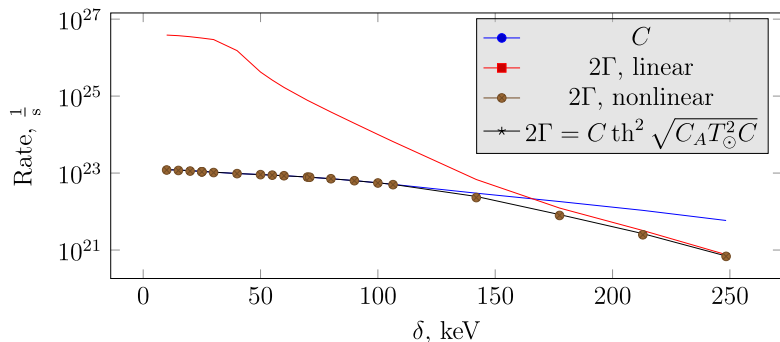
Distribution $f(E, l) = \frac{d^2 N}{dE dl}$ of dark matter in the Sun for $m_\chi = 100$ GeV, $\delta = 100$ keV. Left — initial distribution of captured particles, right — final distribution after evolution.

Solution example



Initial C and final $N(T_{\odot})$ radial distributions of dark matter particles in the Sun for $m_{\chi} = 100\text{ GeV}$ and $\sigma_{\chi p} = 10^{-42}\text{ cm}^2$

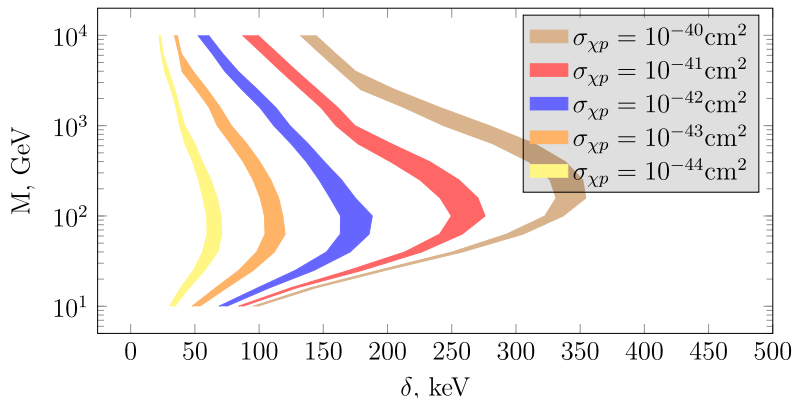
Capture and annihilation equilibrium



Dependence on δ of capture C and annihilation rate Γ for $m_\chi = 100$ GeV. Red — linear equation solution, large points — full equation solution, black — using Eq. (1)

Capture-annihilation equilibrium

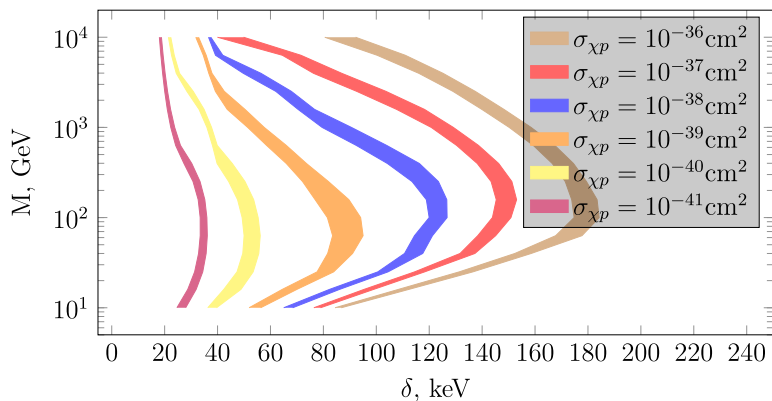
- Of interest are the values of m_χ and δ at which the assumption of equilibrium between annihilation and capture ($\Gamma = \frac{1}{2}C$) ceases to be valid.



Parameter region m, δ where equilibrium between Γ and C is reached:
 $2\Gamma \in [C/\sqrt{2}, \sqrt{2}C]$

Capture-annihilation equilibrium

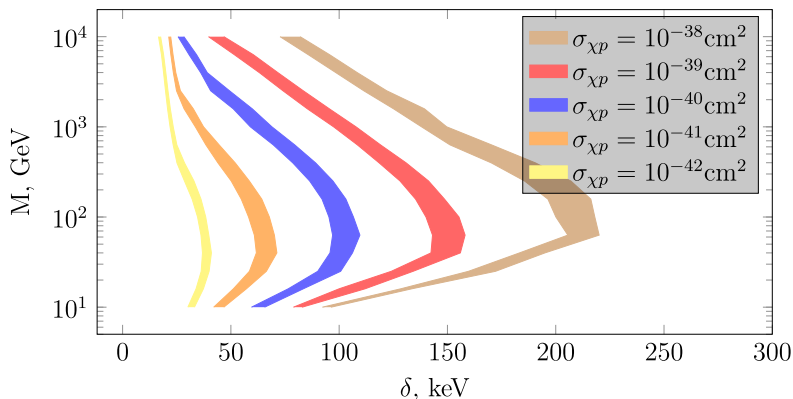
- ▶ Similar plots can be constructed for other types of interactions.



Parameter region m, δ where equilibrium between Γ and C is reached for spin-dependent dark matter (operator O_4)

Capture-annihilation equilibrium

- ▶ Similar plots can be constructed for other types of interactions.

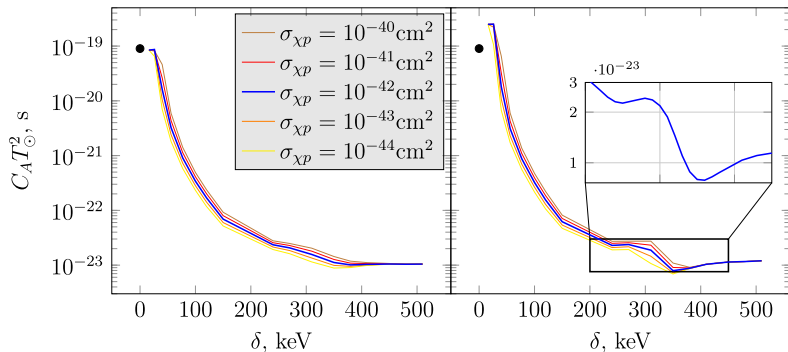


Parameter region m, δ where equilibrium between Γ and C is reached for magnetic dark matter

Annihilation coefficient

- ▶ The annihilation coefficient $C_A T_\odot^2 = 2\Gamma(t = T_\odot)/C^2$ is found from the solution of the linear equation.

C_A for $m_\chi = 100\text{GeV}$

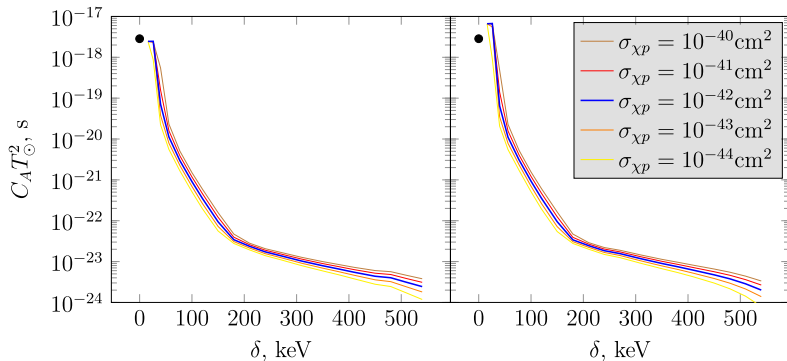


DM annihilation coefficient for $m_\chi = 100\text{GeV}$. Left assumes the excited state χ^* decays slowly, right — decays quickly.

Annihilation coefficient

- ▶ The annihilation coefficient $C_A T_\odot^2 = 2\Gamma(t = T_\odot)/C^2$ is found from the solution of the linear equation.

C_A for $m_\chi = 1\text{TeV}$

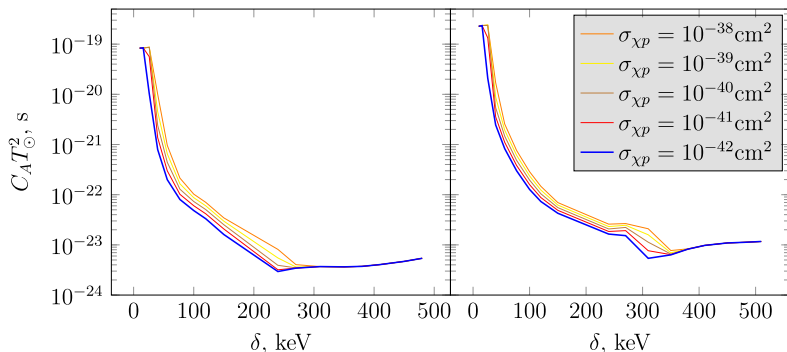


DM annihilation coefficient for $m_\chi = 1 \text{ TeV}$. Left assumes the excited state χ^* decays slowly, right — decays quickly.

Annihilation coefficient

- ▶ The annihilation coefficient C_A for other interaction types.

C_A for $m_\chi = 100\text{GeV}$

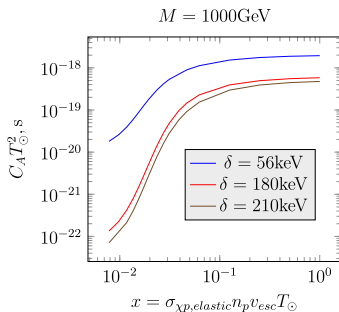
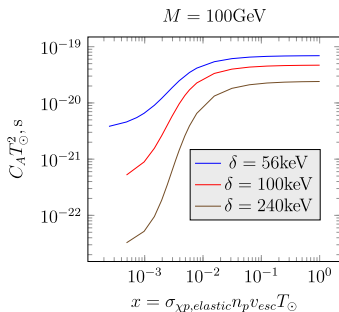


DM annihilation coefficient for $m_\chi = 100\text{ GeV}$ for spin-dependent (operator O_4) (left) and magnetic (right)

Small elastic contribution

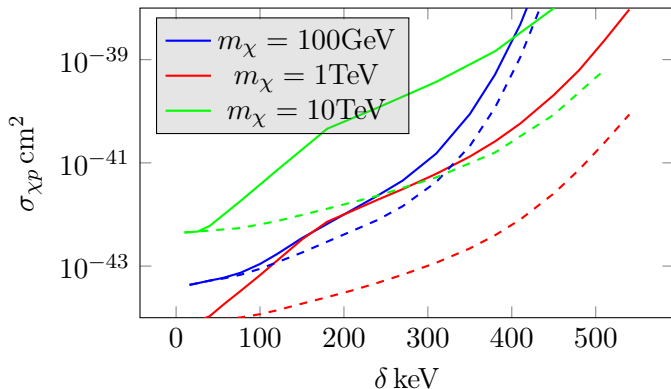
- Consider the case where inelastic scattering ($\chi + p \rightarrow \chi^* + p$) dominates, but there is also a small elastic contribution $\sigma_{\chi p, \text{elastic}}$ from the process ($\chi + p \rightarrow \chi + p$). For large $\sigma_{\chi p, \text{elastic}}$ there will be fully elastic thermalization, for small values — fully inelastic. The intermediate region is as follows:

$$10^{-52} \text{cm}^2 \cdot \frac{m_\chi}{\text{GeV}} \gtrsim \sigma_{\chi p, \text{elastic}} \gtrsim 10^{-51} \text{cm}^2 \cdot \frac{m_\chi}{\text{GeV}}$$



Constraints

- ▶ We derive constraints on $\sigma_{\chi p}$ from the neutrino signal using equation (2).



Constraints from IceCube neutrino signal [9], dashed — if DM has fully thermalizes.

Conclusion

- ▶ To obtain correct constraints on the cross section $\sigma_{\chi p}$, we determined the dark matter distribution in the Sun by solving the Boltzmann equation and computed the annihilation coefficient for inelastic dark matter for several models.
- ▶ Small elastic contributions $\sigma_{\chi p, \text{elastic}}$ can increase C_A , strengthening constraints — pure inelastic DM represents the worst-case scenario. We obtain the $\sigma_{\chi p, \text{elastic}}$ boundary of regions where thermalization is fully elastic/inelastic.
- ▶ For future: self-scattering processes such as $\chi + \chi \rightarrow \chi^* + \chi^*$ or $\chi + \chi \rightarrow \chi + \chi$ could increase C_A and warrant future investigation.

Thank you for your attention!

(Supported by RSF grant 25-12-00309)

Capture Formulas and Collision Matrices

- ▶ The capture rate and scattering matrix on nucleus α have the form:

$$C_{\alpha}(E, l) = \int 4\pi r^2 dr \frac{w \bar{f}(v)}{v} dv \frac{d\Omega_{in}}{4\pi} dR_{\alpha}(\vec{w} \rightarrow \vec{w}') \\ \delta(E - E(r, \vec{w}')) \delta(l - l(r, \vec{w}'))$$

$$S_{\alpha}(E, l, E', l') = \int_{r(t)=r_{min}}^{r(t)=r_{max}} \frac{dt}{T} dR_{\alpha}(\vec{w} \rightarrow \vec{w}') \\ \delta(E - E(r(t), \vec{w}')) \delta(l - l(r(t), \vec{w}'))$$

where

$$dR_{\alpha}(\vec{w} \rightarrow \vec{w}') = \left[\int d^3u n_{\alpha}(r) |\vec{w} - \vec{u}| f_{\alpha}(\vec{u}) \frac{d^3\sigma_{\chi\alpha}}{d^3\vec{w}'} \right] d^3\vec{w}'$$

Magnetic Dark Matter

- ▶ Magnetic dark matter has the following interaction [7]:

$$\mathcal{L}_{int} = \frac{\mu_\chi}{2} \bar{\Psi}_1 \Sigma_{\mu\nu} \Psi_2 F^{\mu\nu} + \frac{\mu_\chi}{2} \bar{\Psi}_2 \Sigma_{\mu\nu} \Psi_1 F^{\mu\nu} \quad (3)$$

where $\Psi_{1,2}$ are Majorana spinors of states 1 and 2, and $\Sigma_{\mu\nu} = \frac{i}{2}[\gamma_\mu \gamma_\nu]$.

- ▶ The non-relativistic operator of interaction with the nucleon is then the following:

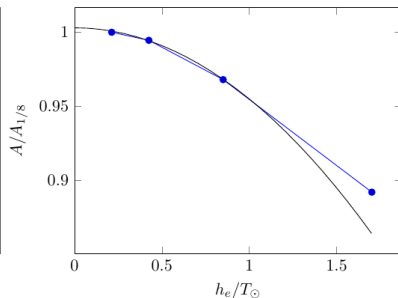
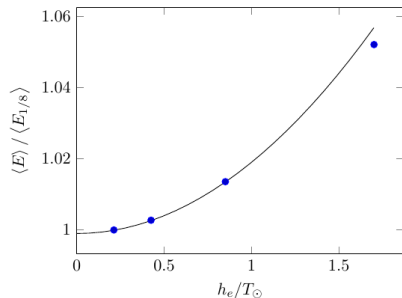
$$\hat{V} = \frac{Q_{Ne}\mu_\chi}{2m_\chi} \hat{O}_1 + \frac{2g_{Ne}\mu_\chi}{m_N} \hat{O}_4 - \frac{2Q_{Ne}\mu_\chi m_N}{q^2} \hat{O}_5 - \frac{2g_{Ne}\mu_\chi m_N}{q^2} \hat{O}_6$$

where

$$\hat{O}_5 = i\vec{S}_\chi \cdot \left(\frac{\vec{q}}{m_N} \times \vec{v}_{inel}^\perp \right) \quad \hat{O}_6 = \left(\vec{S}_\chi \cdot \frac{\vec{q}}{m_N} \right) \left(\vec{S}_N \cdot \frac{\vec{q}}{m_N} \right) \quad (4)$$

Convergence of Numerical Schemes

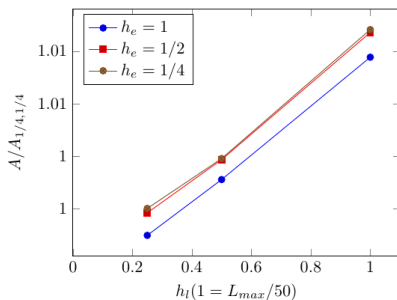
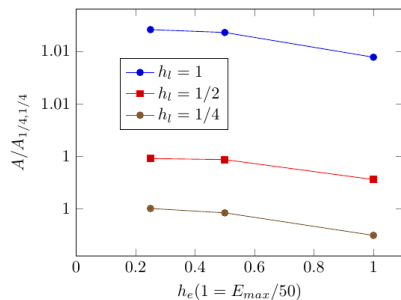
Elastic case



Dependence of physical quantities (average energy, and annihilation rate) on grid step for $m_\chi = 100\text{GeV}$

Convergence of Numerical Schemes

Inelastic case



Dependence of annihilation rate on grid step in E and l for $m_\chi = 100\text{GeV}$

References I

- [1] G. Barello, S. Chang and C. A. Newby, *A model independent approach to inelastic dark matter scattering*, *Physical Review D* **90** (Nov., 2014) , [1409.0536].
- [2] R. Catena and B. Schwabe, *Form factors for dark matter capture by the sun in effective theories*, *Journal of Cosmology and Astroparticle Physics* **2015** (Apr., 2015) 042–042, [1501.03729].
- [3] M. Cirelli, A. Strumia and J. Zupan, *Dark matter*, *SciPost Phys. Rev.* (2026) 1.
- [4] N. Nagata and S. Shirai, *Higgsino dark matter in high-scale supersymmetry*, *Journal of High Energy Physics* **2015** (Jan., 2015) .

References II

- [5] J. Smolinsky and P. Tanedo, *Dark photons from captured inelastic dark matter annihilation: Charged particle signatures*, *Physical Review D* **95** (Apr., 2017) .
- [6] D. Smith and N. Weiner, *Inelastic dark matter*, *Physical Review D* **64** (2001) .
- [7] J. Eby, P. J. Fox and G. D. Kribs, *Earth-catalyzed detection of magnetic inelastic dark matter with photons in large underground detectors*, 2024.
- [8] N. Vinyoles, A. M. Serenelli, F. L. Villante, S. Basu, J. Bergström, M. C. Gonzalez-Garcia et al., *A new Generation of Standard Solar Models*, *Astrophys. J.* **835** (2017) 202, [1611.09867].
- [9] R. A. et al., *Search for high-energy neutrinos from the sun using ten years of icecube data*, 2025.